

# HOW OUTREACH YOUTH WORK SUPPORTS YOUNG PEOPLE



## Outreach youth work



Outreach youth work supports the internal motivation and independence of young people. The work strengthens their ties to services and the ability find a path forward.



Meetings and discussions can be held while having coffee or even on a walk in the forest.



When the young person reaches their goal and the cooperation ends, they are still always welcome back again.

The work with a young person can last from one week to several years.



A young person wants to start working together.

## Wellbeing

How are you?

How are you feeling?

Have you eaten today?

Family?

Friends?

## Dreams

What are you good at?

What do you dream of?

Hobbies?

Do you want to try something new?

Do you want to find new people in your life?

What makes you excited?

## Actions

What happens tomorrow?

Do you have enough money?

Do you know about the workshops?

Are your papers in order?

Studying?

Sick leave?

You can always be in touch if something comes up!

How are you? Has everything gone well?

I got in that school. Thanks for helping me.



### Principles of outreach youth work

- voluntary
- standing by young people
- taking the side of young people
- holistic